

AYLESBURY & DISTRICT.

HOME COUNTIES SWIMMING LEAGUE Rnd 1 TEAM SHEET.

17PB,s + 1=.

An excellent competition, with some fantastic races adding excitement to the evening performances. A little more hard work as we enter the county championship training phase will see yet more personal best times in the coming months. Well done to all for making it such an enjoyable evening and to finish 2nd to Oxford by only 23 points is an excellent achievement. Hard work in training pays dividends in races. Every Second Counts!!!

No.	GIRLS.	PB TIME	TIME	PB.	POS.	No.	BOYS.	PB TIME	TIME	PB.	POS.			
1	OPEN 4X25m I.M.					2	OPEN 4X25m I.M.							
	Sophie Bateman	1.13.89	1.15.96		2nd		Joshua Sawers	1.10.28	1.07.84	Yes	3rd			
3	11YRS 4X50 FREE/RELAY					4	11YRS 4X50 FREE/RELAY							
LEG 1	Emma Anderson	37.54	38.55			LEG 1	Daniel Lindars	37.2	37.5					
LEG 2	Elizabeth Neill	39.08	39.95			LEG 2	Ryan Willis	40.38	40.46					
LEG 3	Sian Morgan	38.51	40.61			LEG 3	Joe Walker	38.69	39.63					
LEG 4	Isabel Jackson	39.44	40.22			LEG 4	Scott Ellis	37.72	38.36					
	TOTAL TIME:-		2.39.33		2nd		TOTAL TIME:-		2.35.95		2nd			
5	13YRS 4X50 MED/RELAY					6	13YRS 4X50 MED/RELAY							
BACK	Charlotte Evans	34.89	36.59			BACK	James Anderson	37.07	37.37					
BRS	Charlotte Neill	44.66	44.61	Yes		BRS	Henry Sansom	40.26	41.8					
FLY	Katie Willis	33.63	33.75			FLY	Nat Armsrong	35.74	36.09					
FREE	Rebecca Softley	31.31	32.01			FREE	Ali Caglayan	33.14	33.22					
	TOTAL TIME:-		2.26.96		2nd		TOTAL TIME:-		2.28.48		1st			
7	15YRS 4X50 FREE/RELAY.					8	15YRS 4X50 FREE/RELAY							
LEG 1	Georgina King	n.t.a.	32.24	Yes		LEG 1	Jack Nancarrow	28.92	29.5					
LEG 2	Sophie Bateman	28.69	30.43			LEG 2	Arjun Sharma	31.45	30.98	Yes				
LEG 3	Charlotte Marsh	31.12	31.35			LEG 3	Krishan Pandya	33.01	31.23	Yes				
LEG 4	Grace Youell	28.79	28.5	Yes		LEG 4	Ronan Denton	29.73	30					
	TOTAL TIME:-		2.02.52		1st		TOTAL TIME:-		2.01.71		2nd			
9	OPEN 4X50 MED/RELAY.					10	OPEN 4X50 MED/RELAY							
BACK	Sophie Bateman	32.48	33.96			BACK	Joshua Sawers	31.31	32.3					
BRS	Melissa Christie	38.6	39.3			BRS	Andrew Willis	34.15	33.98	Yes				
FLY	Georgina King	n.t.a.	34.96	Yes		FLY	Lewis Hing	27.6	29					
FREE	Katie Willis	29.96	30.61			FREE	Andrew Lyall	27.19	27.69					
	TOTAL TIME:-		2.18.83		1st		TOTAL TIME:-		2.02.97		2nd			
11	11YRS 50 BACK.					12	11YRS 50 BACK.							
	Elizabeth Neill	44.18	44.76		3rd		Scott Ellis	41.18	42.01		2nd			
13	13YRS 50 BRS.					14	13YRS 50 BRS.							
	Charlotte Evans	41.76	45.13		2nd		Henry Sansom	40.26	40.96		1st			
15	15YRS 100 BACK.					16	15YRS 100 BACK.							
	Sophie Bateman	1.10.43	1.11.65		2nd		Ronan Denton	1.15.04	1.15.22		2nd			
17	OPEN 100 FLY.					18	OPEN 100 FLY.							
	Georgina King	n.t.a.	1.18.84	Yes	3rd		Lewis Hing	1.05.38	1.09.60		2nd			
19	11YRS 50 FREE.					20	11YRS 50 FREE.							
	Emma Anderson	37.54	38.52		3rd		Joe Walker	38.69	39.63		2nd			
21	13YRS 50 BACK.					22	13YRS 50 BACK.							
	Rebecca Softley	37.34	37.87		1st		Nat Armstrong	35.4	35.65		1st			
23	15YRS 100 FLY.					24	15YRS 100 FLY.							
	Grace Youell	1.14.91	1.16.99		2nd		Jack Nancarrow	1.17.69	1.20.38		2nd			
25	OPEN 100 BACK.					26	OPEN 100 BACK.							
	Charlotte Marsh	1.15.91	1.15.93		2nd		Joshua Sawers	1.06.87	1.09.53		3rd			
27	11YRS 50 BRS.					28	11YRS 50 BRS.							
	Isabel Jackson	53.72	52.66	Yes	2nd		Ryan Willis	51.4	51.5		3rd			
29	13YRS 50 FLY.					30	13YRS 50 FLY.							
	Katie Willis	33.63	33.19	Yes	2nd		Nat Armstrong	35.74	38.28		1st			
31	15YRS 100 FREE.					32	15YRS 100 FREE.							
	Grace Youell	1.02.82	1.05.46		1st		Jack Nancarrow	1.07.54	1.07.89		2nd			
33	OPEN 100 BRS.					34	OPEN 100 BRS.							
	Melissa Christie	1.22.65	1.24.61		1st		Andrew Willis	1.16.36	1.17.65		1st			
35	11YRS 50 FLY.					36	11YRS 50 FLY.							
	Sian Morgan	46.41	46.41	pb=	2nd		Daniel Lindars	41.78	42.95		1st			
37	13YRS 50 FREE.					38	13YRS 50 FREE.							
	Katie Willis	29.96	31		1st		James Anderson	31.46	32.83		1st			
39	15YRS 100 BRS.					40	15YRS 100 BRS.							
	Sophie Bateman	1.27.32	1.28.71		2nd		Nat Armstrong	1.24.49	1.23.94	Yes	2nd			
41	OPEN 100 FREE.					42	OPEN 100 FREE.							
	Charlotte Evans	1.05.56	1.07.35		3rd		Joshua Sawers	58.79	59.63		3rd			
43	11YRS 4X50 MED/RELAY.					44	11YRS 4X50 MED/RELAY.							
BACK	Elizabeth Neill	44.18	47.33			BACK	Scott Ellis	41.18	42.78					
BRS	Isabel Jackson	53.72	54.77			BRS	Ryan Willis	51.4	51.28	Yes				
FLY	Sian Morgan	46.41	47.16			FLY	Daniel Lindars	41.78	44.57					
FREE	Emma Anderson	37.54	39.68			FREE	Joe Walker	38.69	41.26					
	TOTAL TIME:-		3.08.94		2nd		TOTAL TIME:-		2.59.89		2nd			
45	15YRS 4X50 MED/RELAY.					46	15YRS 4X50 MED/RELAY.							
BACK	Charlotte Marsh	35.41	35.34	Yes		BACK	Ronan Denton	34.23	36.77					
BRS	Sophie Bateman	40.69	41.2			BRS	Krishan Pandya	42.9	43.69					
FLY	Grace Youell	32.71	34.48			FLY	Jack Nancarrow	32.78	34.99					
FREE	Georgina King	n.t.a.	31.41	Yes		FREE	Arjun Sharma	31.45	30.32	Yes				
	TOTAL TIME:-		2.22.43		2nd		TOTAL TIME:-		2.25.77		2nd			
47	13YRS 4X50 FREE/RELAY.					48	13YRS 4X50 FREE/RELAY.							
LEG 1	Rebecca Softley	31.31	32.67			LEG 1	Nat Armstrong	31.39	31.92					
LEG 2	Charlotte Evans	30.06	32.66			LEG 2	Henry Sansom	34.54	34.7					
LEG 3	Charlotte Neill	33.49	34.51			LEG 3	Ali Caglayan	33.14	34.03					
LEG 4	Katie Willis	29.96	30.28			LEG 4	James Anderson	31.46	33.33					
	TOTAL TIME:-		2.10.12		1st		TOTAL TIME:-		2.13.98		1st			
49	OPEN 4X50 FREE/RELAY.					50	OPEN 4X50 FREE/RELAY.							
LEG 1	Katie Willis	29.96	30.64			LEG 1	Andrew Lyall	27.19	27.81					
LEG 2	Charlotte Evans	30.06	31.65			LEG 2	Andy Willis	28.89	29.86					
LEG 3	Sophie Bateman	28.69	29.9			LEG 3	Joshua Sawers	26.86	26.83	Yes				
LEG 4	Grace Youell	28.79	29.44			LEG 4	Lewis Hing	26.83	27.86					
	TOTAL TIME:-		2.01.63		1st		TOTAL TIME:-		1.52.36		3rd			
FINAL POINTS TOTAL:-														
1st:- City Oxford 280(245)Pts			2nd:- Team Aylesbury 257(225)Pts			3rd:- Bicester Bluefins 188(165)Pts			4th:- Bletchley 143(125)Pts			Houghton Regis D.N.S		