

**AYLESBURY & DISTRICT SWIMMING CLUB.  
NATIONAL SWIMMING LEAGUE SWIM-OFF.**

ADSC may have missed promotion, but all swimmers, reserves, coaches and parents should be proud of what TEAM AYLESBURY has achieved this year. Overall we finished 5th out of 35 teams which is our highest ever position. A huge thankyou from all the coaches for such an exciting couple of months. WELL DONE.

16PB,s.												
AGE	DISTANCE	LEG 1.	TIME.	LEG 2.	TIME.	LEG 3.	TIME.	LEG 4.	TIME.	TOTAL	POS	
1	Ladies Open	4X50 I.M.	SOPHIE BATEMAN.		FLY= 36.27 BACK= 37.97 BRS= 49.44 F/C= 36.67					2.40.43	3RD	
2	Mens Open	4X50 I.M.	JOSHUA SAWERS.		FLY= 32.93 BACK= 38.38 BRS= 48.09 F/C= 35.86					2.35.29	6TH	
3	Girls 11yrs	4X50M Free	K. WILLIS	32.2	C. EVANS	32.07	R. SOFTLEY	34.55	C. NEILL	36.87	2.15.73	3RD
4	Boys 11yrs	4X50M Free	N. ARMSTRONG	32.93PB	P. SHAH	39.53PB	H. SANSOM	36.48	J. ANDERSON	33.56	2.22.60	1ST
5	Girls 13yrs	4x50m Med	S. BATEMAN	33.19	K. WILLIS	42.71	G. YOUELL	33.78PB	C. EVANS	31.84	2.21.62	3RD
6	Boys 13yrs	4x50m Med	R. DENTON	37.03	N. ARMSTRONG	43.18PB	J. NANCARROW	36.37	J. ANDERSON	36.16	2.32.81	5TH
7	Girls 15yrs	4X50M Free	G. YOUELL	30.7	S. BATEMAN	30.22	C. ALLEN	33.51	L. HALL	31.75PB	2.06.24	4TH
8	Boys 15yrs	4X50M Free	B. DAVIDGE	29.18PB	A. LYALL	28.59PB	J. SAWERS	28.94	S. CONNOLLY	28.65	1.55.44	3RD
9	Ladies Open	4x50m Med	E. SAWERS	38.13	M. CHRISTIE	40.78	A. DAY	35.77	E. CARRUTHERS	33.32	2.28.02	5TH
10	Mens Open	4x50m Med	J. SAWERS	33.71	J. NEILL	36.35PB	L. HING	29.57	T. McCARTHY	27.65	2.07.69	5TH
11	Girls 11yrs	50m Back	KATIE WILLIS.							36.6	1ST	
12	Boys 11yrs	50m Back	NATHANAEL ARMSTRONG.							38.3	1ST	
13	Girls 13yrs	100m Brs	SOPHIE BATEMAN.							1.30.52	5TH	
14	Boys 13yrs	100m Brs	NATHANAEL ARMSTRONG.							1.38.44	6TH	
15	Girls 15yrs	100m Back	CHARLOTTE EVANS.							1.18.17PB	4TH	
16	Boys 15yrs	100m Back	JOSHUA SAWERS.							1.10.58	2ND	
17	Ladies Open	100m Fly	ANTONIA DAY.							1.20.50	5TH	
18	Mens Open	100m Fly	LEWIS HING.							1.07.90	4TH	
19	Girls 11yrs	50m Fly	KATIE WILLIS.							37.06	1ST	
20	Boys 11yrs	50m Fly	NATHANAEL ARMSTRONG.							40.15	2ND	
21	Girls 13yrs	100m Back	SOPHIE BATEMAN.							1.12.93	1ST	
22	Boys 13yrs	100m Back	RONAN DENTON.							1.22.61PB	6TH	
23	Girls 15yrs	100m Fly	GRACE YOUELL.							1.18.62PB	5TH	
24	Boys 15yrs	100m Fly	MARCUS RAWLINGS.		ALTERNATING LEG KICK.					1.16.38	DQ	
25	Ladies Open	100m Back	EMMA SAWERS.							1.20.71	5TH	
26	Mens Open	100m Back	TOM McCARTHY.							1.13.00	6TH	
27	Girls 11yrs	50m Brs	CHARLOTTE EVANS.							46.16	3RD	
28	Boys 11yrs	50m Brs	HENRY SANSOM.							44.07PB	1ST	
29	Girls 13yrs	100m Fly	GRACE YOUELL.							1.22.38	4TH	
30	Boys 13yrs	100m Fly	JACK NANCARROW.							1.24.84PB	6TH	
31	Girls 15yrs	100m Free	KATIE WILLIS.							1.09.02	4TH	
32	Boys 15yrs	100m Free	SAM CONNOLLY.							1.04.11	4TH	
33	Ladies Open	100m Brs	MELISSA CHRISTIE.							1.30.02	5TH	
34	Mens Open	100m Brs	ANDY WILLIS.							1.17.62	5TH	
35	Girls 11yrs	50m Free	CHARLOTTE EVANS.							33.64	3RD	
36	Boys 11yrs	50m Free	JAMES ANDERSON.							35.4	3RD	
37	Girls 13yrs	100m Free	GRACE YOUELL.							1.06.50	2ND	
38	Boys 13yrs	100m Free	JACK NANCARROW.							1.11.98	6TH	
39	Girls 15yrs	100m Brs	MELISSA CHRISTIE.							1.29.77	5TH	
40	Boys 15yrs	100m Brs	MATHEW FORREST.							1.29.62	6TH	
41	Ladies Open	100m Free	EMMA CARRUTHERS.							1.13.75	6TH	
42	Mens Open	100m Free	LEWIS HING.							1.04.66	6TH	
43	Girls 11yrs	4x50m Med	K. WILLIS	37.1	C. EVANS	46.92	Z. HANCOCK	42.45	R. SOFTLEY	35.66	2.42.28	2ND
44	Boys 11yrs	4x50m Med	B. NURSE	45.68PB	H. SANSOM	45.72	N. ARMSTRONG	39.67	J. ANDERSON	36.52	2.47.59	1ST
45	Girls 13yrs	4X50M Free	G. YOUELL	30.72	S. BATEMAN	30.3	K. WILLIS	32.42	C. EVANS	32.9	2.06.38	2ND
46	Boys 13yrs	4X50M Free	J. NANCARROW	32.41	N. ARMSTRONG	33.15	J. ANDERSON	36.5	R. DENTON	32.86	2.14.94	3RD
47	Girls 15yrs	4x50m Med	S. BATEMAN	33.94	M. CHRISTIE	42.14	G. YOUELL	35.92	L. HALL	31.68PB	2.23.66	4TH
48	Boys 15yrs	4x50m Med	J. SAWERS	32.93PB	M. RAWLINGS	39.43	B. DAVIDGE	34.1	S. CONNOLLY	28.43	2.14.91	3RD
49	Ladies Open	6x50m Free	G. YOUELL	30.96	E. CARRUTHERS	33.24	A. DAY	32.15	L. HALL	33.03		
			S. BATEMAN	30.26	K. WILLIS	31.91					3.11.63	6TH
50	Mens Open	6x50m Free	A. WILLIS	29.8	T. McCARTHY	28.22	J. SAWERS	28.38	S. CONNOLLY	29.21		
			J. NEILL	28.89	L. HING	27.59					2.52.05	6TH

FINAL POINTS TOTALS AS FOLLOWS:-

1ST:- HEREFORD 257.5Pts 2ND:- ARNOLD 194.5Pts 3RD:- KINGSBURY AQUA 178Pts 4TH:- DUNSTABLE 160Pts 5TH:- ADSC 155Pts 6TH:- SWAD/COTE 100Pts.