



Aylesbury and District Swimming Club

Training Changes December 2018

Monday 17 th	No training at Grammar as pool is closed for refurbishment. Any swimmers who would like to train at the later session at the Aqua Vale should contact Andy due to restricted numbers.
Tuesday 18 th	No training at Grammar as pool is closed for refurbishment.
Monday 24 th to Wednesday 26 th	No training due to Christmas
Thursday 27 th	Training at Aqua Vale for County Age/Youth/Youth + squads. No masters training 8.00-9.00 as pool is closed.
Friday 28 th	Training for swimmers in County Squads only (5pm – 6pm). All other training cancelled as the Stadium closes early.
Sunday 30 th	No training at Stadium as it closes early. Swimmers who normally train 6.30pm to 8pm can train at the Aqua Vale 3pm to 4.30pm in a combined session. We will need to review numbers on the day to see if we can accommodate the masters who train at the earlier session.
Monday 31 st	No training

Training Changes January 2019

Tuesday 1 st	No Training
Monday 7 th	No training at Grammar as pool is closed for refurbishment. Any swimmers who will be competing in the County Championships and who would like to train at the later session at the Aqua Vale should contact Andy due to restricted numbers.

Tuesday 8th

No training at Grammar as pool is closed for refurbishment.

Sunday 20th

No training at Aqua Vale 3-4.30 due to the County Championships. Swimmers who normally train in that session can train at 6.30pm to 8pm at the Stadium. We will need to review numbers on the night to see if we can accommodate the masters who train at the earlier session. There is no impact on the Junior or masters session at the Stadium.