



Aylesbury and District Swimming Club

Training Changes July 2018

Wednesday 11th No training at Aqua Vale because it's coming home.

Sunday 22nd No training at Aqua Vale 3-4.30 due to the Wycombe Meet. Swimmers who normally train in this session can join the 6-7.30 session at the Stadium instead. Junior Squad (Stadium 5-6) and Masters (7.30 to 8.30) will be on as normal.

Training Changes July/August 2018

The summer training schedule can be viewed [here](#)