



Aylesbury and District Swimming Club

Training Changes May 2018

- | | |
|-------------------------|--|
| Monday 7 th | No training for all squads due to the May Bank Holiday |
| Sunday 13 th | Because of SE Regionals and LB Open Meet training 3-4.30 at Aqua Vale is cancelled. Swimmers can train at 6-7.30 at Stadium as an alternative. |
| Monday 23 rd | No training for all squads due to the May Bank Holiday |

Training Changes June 2018

- | | |
|-------------------------|--|
| Sunday 24 th | No training at Aqua Vale 3-4.30 or Stadium 6-7.30 due to the Maxwell Open Meet Junior Squad (Stadium 5-6) and Masters (7.30 to 8.30) will be on as normal. |
|-------------------------|--|